

Special Events

For location of special event sites and directions, see maps on inside back cover.

- Check with the coordinator if you have questions about a special event.
- Include any fees for special events in separate checks with your registration form.
- Sign the waiver on the back of the registration form for all bus trips.

951 Shuffle Now, Fall Later

Wednesday, Mar. 26, 2:00–3:30

Talkwood

Instructor: Patrice Winter

Poor functional mobility currently affects one in four individuals over 65. This workshop will address ways to keep that spring in your step. Risk factors for falls, balance exercises and environmental hazards will be discussed. Come in comfortable clothing and wear your favorite shoes. You will not be spending much time in your chair. Our bodies are constantly changing; let's be ready—no shuffling allowed. **Patrice Winter** is a nationally recognized physical therapist who currently practices in Fairfax City. She is also the Eldercare coordinator at Mason.

952 Witchcraft

Friday, Mar. 28, 1:00–2:30

Talkwood

Instructor: Tom Rushford

Belief in witchcraft seems to be almost universal in human societies. In early modern Europe, this belief led to widespread persecutions. Thousands of Europeans, both men and women, were executed as witches. Historians have since been trying to explain why this persecution occurred. Was witchcraft a form of social control designed to limit political and religious dissent or an expression of the social tensions of the period? Under study, “European Witchcraft” turns out to be less about Europe and more about locally constructed beliefs; less a “craft” than a varied set of practices and fears. Come delve into the lesser-known elements of this commonly misunderstood part of history. **Tom Rushford** currently is a Western civilization post-doctoral Fellow with the Mason History and Art History Department. He has taught a number of courses on witchcraft and in addition has done research on *Lorem ipsum*. (Come to the lecture to find out what this area might be.)

953 A Visit to the Freer and Sackler Galleries

Bus trip

Friday, Apr. 4, 9:00–4:00

Coordinator: Florence Adler 703-455-6658

The Freer Gallery of Art features a magnificent collection of Asian art dating from Neolithic times to the twentieth century, along with nineteenth and early twentieth century American art, including an assemblage of works by James McNeill Whistler. The Whistler holdings include the Peacock Room, a dining room once part of a London townhouse, lavishly decorated with a blue and gold peacock design by Whistler in 1876. An underground exhibition space connects the Freer Gallery to the Arthur M. Sackler Gallery. The latter gallery opened in 1987 to house a gift of some 1,000 works of Asian art from Dr. Sackler, a noted research physician and medical publisher. Among the highlights of his gift were Chinese bronzes and jades, Chinese paintings and lacquerware, ancient Near Eastern ceramics and metalware and sculpture from South and Southeast Asia. We will have docent-led tours of the exhibits “Tales of the Brush Continued: Chinese Paintings with Literary Themes” at the Freer, and “Patterned Feathers, Piercing Eyes: Edo Masters from the Price Collection” at the Sackler. We will bus to the National Gallery of Art for lunch on our own in the Cascade Café, on the concourse level of the East Building. We will then return to the galleries for the afternoon tour and visits to the gift shops. Hopefully we will be able to see the cherry blossoms as we drive by the area. The bus will leave promptly at 9:00 from Fair Oaks Mall, Parking Lot No. 44, outside the circular road across from the original Macy's. Please be at the bus no later than 8:45. The fee of \$19, payable to OLLI with your registration form, includes the bus fare and driver gratuity.

954 Exploration of the New Solar System

Talkwood

Wednesday, Apr. 9, 2:00–3:30

Instructor: Paul Hertz

Currently there are rovers on the surface of Mars; satellites in orbit around Venus, Mars and Saturn; probes on the way to Mercury, Pluto and the asteroid Ceres, and an international armada is planned for the Moon. Scientists are learning more about the solar system than ever before, and they are being surprised. Join **Dr. Paul Hertz** on a voyage through the new solar system, and find out whether Pluto is a planet or not. Dr. Hertz is a senior scientist at the National Aeronautics and Space Administration in Washington, D.C.

955 A Knothole to History

Talkwood

Friday, Apr. 11, 1:00–2:30

Instructor: Kenena Hansen Spalding

Meet Proctor Swallow, Civil War soldier. It is amazing that after more than 140 years you still have the opportunity to do so. While many letters were thrown away at the time, his were tucked in a trunk in the attic, then saved in the back of a drawer, passed down to another generation and another drawer. Finally, they were put into a book and this soldier, self-described as “tuf as a boiled owl,” gives you a peek into the Civil War as he saw and fought it. It is not the Virginia war of history books, nor does it end at Appomattox, yet troops serving in the Gulf of Mexico region had their role to play. They dug Butler’s ditch, incurred the general’s wrath and temporarily lost their regimental colors at Baton Rouge. They marched into Mobile when it surrendered on the same day that Grant and Lee met at the Court House. As other Union troops paraded victoriously down Pennsylvania Avenue, they were transferred to the Army of Observation along the Rio Grande River where they served for another year. Through it all, Proctor served in a variety of jobs in I Company of the 7th Vermont Volunteer Regiment, from the day of its formation to its being mustered out. His view through the knothole is that of the ordinary soldier—the GI Joe of another era. **Kenena Hansen Spalding**, a retired FCPS teacher, has published *Tuf as a Boiled Owl: The Civil War Letters of Proctor Swallow, 7th Vermont Volunteer Regiment*. She has blended historical fact with a primary source to tell the story of the 7th Vermont.

956 Landscaping with Chrysanthemums

Talkwood

Wednesday, Apr. 16, 2:00–3:30

Coordinator: Barry Berkey

Spring has sprung and maybe you are thinking summer blooms: annuals and bulbs. But now is also the time to prepare for fall and a plethora of colorful chrysanthemums. Our lecturer, **Galen Goss**, is a “mum” expert, who will guide us into a fall season of kaleidoscopic proportions. Mr. Goss, executive director of the National Chrysanthemum Society for the past 24 years, will delight us with methods to beautify our home and surrounding areas. His presentation takes us through the process needed to enjoy a profusion of fall colors—how to plan the garden, how to plant the mums and how to care for them. The program includes pictures of gardens, both amateur and professional. Galen Goss has been a grower and exhibitor of chrysanthemums for 30 years. He is a recipient of the Old Dominion chapter’s Member of the Year award. Along with his wife, Amy, they specialize in growing and showing garden cultivars. Their gardens have won numerous awards.

957 Peter Henriques: George Washington Celebrity Scholar

Friday, Apr. 18, 1:00–2:30

Talkwood

Coordinator: Velma Berkey

Professor Henriques, author and indefatigable researcher of George Washington returns to OLLI with a fresh presentation on his favorite historical figure: “I Cannot Tell a Lie—Myths about George Washington that Should Be Discarded.” Learn more about America’s great leader by examining various myths about him, such as, did Washington cut down the cherry tree? Did Washington have wooden teeth? Pray on his knees in the snow at Valley Forge? Was he a great curser? Was he offered and refused a crown? Did he have a sense of humor? Did he start the two-term tradition and the practice of adding, “So Help Me God,” to the inaugural address? **Dr. Henriques**, professor emeritus at Mason, is the author of *Realistic Visionary: A Portrait of George Washington* (second printing), and *The Death of George Washington: He Died as He Lived*, plus many scholarly magazine and journal articles. A frequent speaker at Mount Vernon, Dr. Henriques can also be found on lecture circuits around the metro area.

958 *Lucia Di Lammermoor*

Presented by Virginia Opera

Sunday, Apr. 20, 2:00

Mason Center for the Arts

A jewel of the Bel Canto period, *Lucia* features virtuosic singing from all the important characters in this tale of blood feuds, forced marriage and “mad scenes.” Donizetti’s masterpiece contains two of opera’s most famous scenes—*Lucia’s Mad Scene* and the *Sextet*. The exciting new soprano, Manon Strauss Evrard, returns to sing the title role. Tickets are \$70, payable to OLLI with your registration. Tickets will be available at the Will Call window at the box office.

959 Myers-Briggs Type Indicator (MBTI): Mid-life and Beyond

Talkwood

Wednesday, Apr. 23, 2:00–3:30

Instructor: Libby Hall

In this workshop, participants will review Jung’s theory of personality before exploring the implications of personality type at mid-life and beyond. The presentation and activities will focus on how often people experience the awakening of secondary and tertiary personality preferences as they retire and/or adjust to the senior years. This will be an engaging workshop filled with interactive activities and lively discussion about self and others. **Libby Hall, EdD**, has provided MBTI workshops and presentations for almost 20 years. In her faculty positions at various universities, she uses MBTI as a tool by which to reinforce her belief that “all learning starts with knowing self.” Her audiences have included military officers and spouses, graduate and undergraduate students, high school organizations, small business employees and university faculty groups. She received MBTI qualifying training for the Association for Psychological Type in 1988.

960 Lifelong Learning, Lifelong Engagement

Friday, Apr. 25, 1:00–2:30

Talkwood

Instructor: Gerald E. Connolly

The fastest growing segment of Fairfax County’s population is residents 50 years of age and older. This phenomenon, referred to as the “Silver Tsunami,” presents a variety of challenges and opportunities

to the County, whether it is providing appropriate transportation options for active seniors or harnessing the wealth of knowledge and experience for the benefit of today’s youth. When presented with this data, the Board of Supervisors formed a stand-alone Committee on Aging that spent much of last year analyzing the current experiences of local senior citizens and retirees, including health care needs, housing options, transportation challenges, work/volunteer/learning opportunities and more. The result was a 50+ Action Plan that outlines more than 60 initiatives. The plan was adopted unanimously by the Board last fall and the County intends to pursue the plan to address issues faced by its aging population. Chairman of the County Board of Supervisors, **Gerald Connolly**, will bring information about the plan for distribution to the audience and discuss elements of it. Mr. Connolly was first elected chairman of the Fairfax County Board in 2003, and was re-elected this past November. Previously he served nine years as the Providence District Supervisor. He is the current chairman of the Northern Virginia Regional Commission and was recently recognized by the National Association of Regional Councils with its 2007 Tom Bradley Leadership Award.

961 Shakespeare’s *Measure for Measure*

Saturday, Apr. 26, 2:00

GMU TheaterSpace

Coordinator: Florence Adler 703-455-6658

Measure for Measure (1604) has long been labeled a “problem play”—too dark for a pure comedy, too raucous for a tragedy (and there’s a very ambiguous “happy” ending to contend with). In this work, Shakespeare looks at such concepts as justice, mercy, law and judgment through a kaleidoscopic lens, spinning the barrel until what seemed like absolutes begin to fracture into splinters. The Duke of Vienna, desiring to know his people better, turns over the reins of power to the upright Angelo, and goes about the city disguised as a friar. But Angelo’s uprightness soon tilts—or was he ever really so vertical?—when he encounters the virtuous Isabella. The friar must become the Duke again to set things right, and yet his “measures” are themselves open to question. This play, performed by the GMU Players and directed by Rick Davis, artistic director of the Center for

the Arts/Theater of the First Amendment, offers Shakespeare's most sustained investigation of the role of law and justice as they apply to a wide variety of human circumstances. Stay for a post-performance discussion with the director and members of the company. Tickets are \$8, payable to OLLI with your registration form. Note: This marks the first effort by the Players to mount an eco-friendly, "sustainable" theater production; they will attempt to have as small a carbon footprint as possible with this show.

962 A Tenor in the Board Room

Wednesday, Apr. 30, 2:00–3:30

Talkwood

Coordinator: Richard Lanterman

The theory and technique of management that allowed an opera tenor to make the transition from earning a livelihood by screaming at the top of his lungs, to management, will be discussed by **William F. Reeder**, dean and professor of Arts Management at the College of Visual and Performing Arts. He will cover the process of how one (anyone!) makes the transition from his vocational background into management; how to succeed with any boss; how to get what you want/need from the system and how to generate maximum effectiveness from your staff. The presentation will build on the teachings of William Oncken, Jr., whose 1982 *Harvard Business Review* article, "Management Time: Who's Got the Monkey," is the most requested reprint on an annual basis of any article in the Review's history. Imbedded in Oncken's teachings are the theory and practice of effective management for the twenty-first century. Dean Bill Reeder has enjoyed a 30-year career in education, management, philanthropic administration and the arts. As dean, he oversees the Department of Music, Dance, Film, Theatre, Arts and Visual Technology and Arts Management, and serves as the general manager of the Center for the Arts, a regional performing arts facility at Mason.

963 Hillwood Estate, Museum and Gardens

Bus trip

Friday, May 9, 9:30–4:30

Coordinator: Florence Adler 703-455-6658

Hillwood is the legacy of Marjorie Merriweather Post, heiress to the Postum Cereal Company. She

acquired the mansion in 1955 and began to create a series of pleasure gardens for her leisure and entertainment of her guests. The mansion was renovated to provide terraces and porches on all sides. The gardens, or outdoor "rooms," flow from the house with walks laid out in straight axes to separate the spaces. They feature plants that offer the greatest effect during spring and autumn. The Estate, a 40-room Georgian mansion, contains a large collection of eighteenth and nineteenth century French and Russian decorative art, including gold and silver work, icons, tapestries, porcelain and a collection of approximately 80 works by Carl Faberge, including two imperial Easter eggs and an 1884 diamond crown worn by Empress Alexandra at her marriage. We will have docent-led tours of the mansion and gardens and lunch at the Hillwood Café. Lunch will include dessert (chef's selection), iced tea and a choice of **one** of the following:

- A. Petite tarragon chicken sandwich: Chicken and red grapes tossed with homemade tarragon mayonnaise, on butter croissants with salad.
- B. Albacore tuna sandwich: Chunk white tuna salad, on butter croissants with lettuce and tomato, with salad.
- C. The Piedmont: Sliced farm tomatoes on focaccia with fresh mozzarella, basil olive oil and garlic, with salad.

The bus will leave promptly at 9:30 from Fair Oaks Mall, Parking Lot No. 44, outside the circular road across from the original Macy's. Please be at the bus no later than 9:15. The fee of \$57, payable to OLLI with your registration form, includes tours of the mansion and gardens, lunch at the café, and bus fare and driver gratuity. **Please remember to indicate your lunch selection on your registration.**

964 Chancellorsville: "May God Have Mercy on General Lee...." Part I

Talkwood

Wednesday, May 14, 2:00–3:30

Coordinators: Michael Kelly, Jennifer Epstein

With the words above, Union General Joseph Hooker launched the spring 1863 military offensive that offered the North's best chance to end the Civil War decisively in the East. Never before had the Union fielded a larger army—it stood well-equipped, disciplined and battle-hardened. The soldiers of the Army of the Potomac exuded

the confidence of their high command and of President Lincoln—despite memories of the December fiasco at Fredericksburg. At the same time, General Robert E. Lee and his Army of Northern Virginia cautiously rejoiced over their lopsided victory there, mindful that the Confederate government had detached a sizeable portion of the army for duty elsewhere. When the blue and grey again met in the tangled thickets of the wilderness around Chancellorsville, Lee stood victorious—the success was great, but so were the costs. We will analyze the Chancellorsville Campaign, determine why the North surrendered the initiative and develop how Lee created his greatest triumph while suffering his greatest tragedy. See Special Event 964 on May 16th for information about the trip.

965 Chancellorsville: “May God Have Mercy on General Lee....” Part II

Bus trip

Friday, May 16, 9:30–5:30

Coordinators: Florence Adler 703-455-6658

Michael Kelly, Jennifer Epstein

With the words above, Union General Joseph Hooker launched the Chancellorsville Campaign. Push across the Rapidan and Rappahannock Rivers with the Army of the Potomac and explore the

same tangled thickets of the Virginia Wilderness through which it slogged to engage the Army of Northern Virginia in battle once again. We will visit the battle sites that caused the Union commander to lose his nerve and where the audacious Lee seized the initiative and never let it go. Plan to do some hiking to sites best appreciated on foot and **pack a lunch for a picnic break** near the National Park Service Visitor Center on the Chancellorsville Battlefield. Based on our Fredericksburg experience, plan to wear boots and bring a raincoat and an umbrella. The bus will leave promptly at 9:30 from Fair Oaks Mall, Parking Lot No. 44, outside the circular road across from the original Macy’s. Please be at the bus no later than 9:15. The fee of \$26, payable to OLLI with your registration form, includes the bus fare and driver gratuity.



SAVE THE DATE:

OLLI ANNUAL MEETING

MAY 2 @ 10:00

TALLWOOD